There is a saying in these parts that twice a year the sun rolls down the Kullaberg mountain at the tip of Kullaleden. To see this spectacular phenomenon, it is important to know where you should place yourself to get the best view.

So on August 8th around 30 expectant walkers gathered at the harbour in the village of Arild. The sky was clear blue, perfect for the spectacle we were about to witness. We began our walk along the rocky shore and soon arrived on a small hill with a fantastic view overlooking the bay of Skälderviken. We were surrounded by pink rock formations along the shore and nearby hills filled with juniper bushes and grazing sheep.

We had our picnic in the harbour of the small village of Skäret and half an hour before the sunset we positioned ourselves on a nearby hill to get the best view. We were not disappointed as the sun began its roll hugging the mountain top until slowly sliding into the sea.

www.kullaleden.se - the Energy walks are arranged by www.kullaledensvanner.se