GRANADA Y ALMERIA - Eurorando 2016

National Park Sierra Nevada

Organizer or Territorial Delegation:
FAM Territorial Delegations of Granada and Almería. The Deputations of both provinces have collaborated.

Activity data:
Date: 5/6/20126
Place: Mountain pass of La Ragua, National Park of Sierra Nevada (Granada-Almería). Andalucía (Spain)

Route 1: section 16 of GR-7(E-4) Ferreira- Puerto La Ragua
http://fedamon.com/senderos/grs/traks/16GR7_Puerto%20La%20Ragua-Ferreira-La%20Calahorra.rar
http://www.wikiloc.com/wikiloc/view.do?id=1750452
Distance: 11 km (Lineal)
Difficulty: medium.
Elevation gain/loss: 800 m
Duration time in hours: 3 hours y 30 minutes
Participants: 64 people

<table>
<thead>
<tr>
<th>By gender</th>
<th>Men</th>
<th>45%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Women</td>
<td>35</td>
<td>55%</td>
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</tbody>
</table>

Route 2: Port of la Ragua- Summit of the Chullo.
http://www.wikiloc.com/wikiloc/view.do?id=1471219
Distance: 14 km (Circular)
Difficulty: medium-low
Elevation gain/loss: 600 m
Duration time in hours: 4 hours
Participants: 440 people

<table>
<thead>
<tr>
<th>By gender</th>
<th>Men</th>
<th>45%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Women</td>
<td>242</td>
<td>55%</td>
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</tbody>
</table>
Route 3: cross-country skiing trail port of La Ragua
Distance: 8 km (Circular)
Elevation gain/loss: 100 m
Difficulty: very easy
Participants: 61 people

<table>
<thead>
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<th>By gender</th>
<th>Men</th>
<th>48</th>
<th>79%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Women</td>
<td>13</td>
<td></td>
<td>21%</td>
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</table>

Description of the activity:
The main objective was to make routes in the national and natural park of Sierra Nevada in World Environment Day and a section of the GR-7 (E4).

Three routes have been organized in the vicinity of La Ragua mountain pass, located on the border of the provinces of Granada and Almeria. One of ascent from the village of Ferreira following the European path GR-7 (E4); another to a peak of Sierra Nevada National Park, and a low difficulty family hiking, even for disabled people.

The transport was carried out on buses and private cars. At the end of the routes the organizers offered paella to all participants.

The total number of participants in the activity was 560 people. It has been a great success.